

POSSIBLE COMPLICATIONS OF CHIN IMPLANT SURGERY

BLEEDING – Bleeding is very uncommon. However, active bleeding or development of a collection of blood called a “hematoma” may require a minor procedure to correct the situation.

INFECTION – Despite antibiotics it is possible to develop an infection, which may require further surgical intervention, including removal of the implant.

ASYMMETRY – Although placed symmetrically at the time of surgery it is possible for an implant to shift following surgery during the healing process. If this occurs a minor procedure to correct the asymmetry may be indicated. This is a very uncommon occurrence.

EXTRUSION – This is when an implant migrates through the incision site and becomes exposed. If this were to occur, the implant would be removed and the area is allowed to heal, after which another implant can be placed if desired. This is a very rare problem.

NERVE INJURY – If it occurs, numbness of the chin is almost always temporary. Injury of the nerve that moves the lip can in theory occur, but I have not seen it. If nerve injury did occur it would most likely be temporary, or in rare cases be permanent.

BONE RESORPTION – Some resorption (loss) of bone occurs under the implant in nearly all patients. It is usually minimal, and in my experience has not been a problem, however, if resorption were significant (e.g. contacting tooth roots), removal of the implant would be recommended.

POOR SCARRING – Any incision can potentially heal with an undesirable scar. If this should occur revision of the scar can be performed to improve its appearance. By far most scars heal very aesthetically with time.

NEED FOR REVISION SURGERY - If a revision procedure is felt needed by both the patient and surgeon, fees will be charged based on the extent of the revision procedure.

WHAT TO EXPECT FOLLOWING CHIN IMPLANT SURGERY

SWELLING – Mild to moderate swelling will occur reaching a maximum at 48-72 hours. By day 3, the swelling begin to resolve, but will take 10-14 days, sometimes a little longer.

BRUISING – Mild to moderate bruising around the chin is not uncommon and if it occurs will resolves in 7-10 days.

NUMBNESS – Temporary numbness of the chin is common. It may take days to weeks and possibly months to resolve. Theoretically numbness can be permanent, but this is very rare.

DISCOMFORT – Mild to moderate discomfort can be expected for several days, turning to minor discomfort for up to 7-10 days.

INCISION IRREGULARITIES – Minor irregularities or bumpiness around the incision area is common following surgery. If this should occur, it generally will smooth out with time over the next several weeks to months.

TIGHTNESS AROUND CHIN – As the tissue overlying the chin implant heals; a sensation of tightness in this area is common. It always resolves over the next several weeks to months.

FINAL RESULTS – Although you will see immediate results after the chin dressing is removed at 5 days, the final result takes 9-12 months to achieve. It just gets better with time. Remember, although excellence is strived for, the goal is improvement not perfection.

SUTURES – Sutures are removed in 5-7 days.

POST OP INSTRUCTIONS FOLLOWING CHIN IMPLANT SURGERY

- Apply cold compresses intermittently for 12-24 hours following surgery.
Cold compresses are made with small (snack or sandwich size) plastic bags filled with crushed ice or frozen peas/corn. Cold compresses are most important the first 12 hours, but may be continued up to 24 hours. Use cold compresses by placing them over the area of surgery for 20 (twenty) minutes and then off for 20 (twenty) minutes. The compresses may be discontinued while the patient sleeps.
- Take medications as prescribed.
- For the **first week** sleep with your head elevated 30 degrees or more (two or three pillows).
- Avoid bending over or lifting heavy objects for 7-10 days.
- Restrict salt in your diet for 7 (seven) days.
- Avoid the following products for 2 (two) weeks unless otherwise directed by Dr. Nishioka.
 - Aspirin Motrin (ibuprofen)
 - Naprosyn (naproxen) Clinoril (sulindac)
 - Indocin (indomethacin) many more.Questions regarding medications contact our office or speak with the doctor at your pre or post-operative appointments.
- You may shower and gently wash your face the day after surgery. Pat your face gently to dry. If provided follow skin care protocol.
- You may use makeup ~10 (ten) days after surgery unless Dr. Nishioka directs otherwise.
- Wear a broad-spectrum sunscreen (UVA & UVB) protection factor of at least 25 SPF for 6 months. Avoid direct sun on the face for at least 1 month after surgery. (Really you should use sunscreen protection for the rest of your life.)
- Be patient during your healing process. It takes time to heal and recover. Please call our office if you have any concerns.

If you have any questions, please contact my office at 503-581-1567 or 503-566-4902.