

Pre-Operative Instructions/Information for Fraxel® Laser Treatment

- Discontinue use of ACUTANE for six months to one-year prior to Fraxel Laser Treatment.
- No active sun tanning or tanning salon usage for two weeks prior to treatment.
- Discontinue use of all RETIN-A or retinoid products two weeks prior to procedure.
- Discontinue use of all GLYCOLIC products and/or chemical peels two weeks prior to procedure.
- Fraxel treatments cannot be done on patients who are or believe they may be pregnant.
- Fraxel treatments should not be done if you have any malignant lesions or have any open sores (i.e. herpes virus or cold sores).
- Fraxel treatments require pain management. We approach this in many ways; topical ointment applied 1.5 hour prior to your procedure, possible facial nerve blocks (numbing injections on the face), and a Zimmer cooling fan.
- Treatments intervals are tailored to your healing time, work and social schedule. You may choose to schedule 2 to 6 weeks between appointments. Spacing out the treatments will not diminish results.
- For the procedure:
 - Come in wearing comfortable clothing that will allow you to change into a surgical scrub top that we will provide.
 - Do not wear make-up or jewelry.
 - Do not wear contact lenses. Eyeglasses are fine.
 - Bring something to read, personal music player or a DVD to watch. We have small DVD player and a few movies.