

**WHAT TO EXPECT FOLLOWING
NECKLIFT, SUBMENTAL and/ or JOWL LIPOSUCTION**

SWELLING – Swelling reaches its maximum in 2-3 days following surgery. The majority of your swelling should be gone about 2 weeks. The remaining swelling dissipates over the next several weeks, but you will note that improvement continues over the next several months.

BRUISING – In general, this takes 7-10 days to resolve, sometimes a little longer. It varies greatly from patient to patient. It changes color from dark blue to amber as it moves down the neck. This is normal. Some patients have little or no bruising.

DISCOMFORT – Mild to moderate discomfort for several days is typical. Use your prescribed pain medication as needed. As soon as possible try to move to Tylenol (acetaminophen). This will speed your recovery.

FEELING DOWN – It is not uncommon to feel a little down about 1-3 days following surgery. This is normal. It passes as you progress to the point of being “back to normal”.

INCISION – The incision for Necklift / Submental Liposuction is small. You may or may not have sutures. The incisions usually heal very aesthetically, and are hidden from view. The incision may be pink or red in color, as well as slightly lumpy for several months. This is normal and resolves.

NUMBNESS – Temporary numbness over the Necklift or Liposuction area is expected. It lasts days to weeks, but always resolves.

LUMPS & BUMPS – If they occur, these small irregularities generally resolve as healing occurs. If they persist revision may be needed.

FINAL RESULT – Necklift and Liposuction improves with time, taking up to 9 months to achieve your final result. Remember that although we strive for excellence, the goal is improvement not perfection.