

Preparation for a THERMAGE® TREATMENT

DO THE FOLLOWING

- Shower
- Wash your hair if you wish
 - The gliding gel may get into the hair and require another washing.
- Shave
- Any other desired daily hygiene programs
- Wear comfortable clothing
 - We will give you a scrub top to change into before the procedure.
 - Wear something that you can get on and off easily.

DO NOT USE OR WEAR THE FOLLOWING

- Make-up
- Mascara
- Facial moisturizer
- Sunscreen or sunblock
- Perfume or cologne
- Scented lotions
- Jewelry
- Contact lenses (you may bring eyeglasses)

Call if you have any questions.

Thank you for trusting us with your face!