



Sublingual Immunotherapy Consent & Waiver of Liability

Willamette ENT is now offering an alternative form of allergy treatment called Sublingual Immunotherapy (SLIT). Currently the Food and Drug Administration has not given approval for antigens to be administered to patients in this way. The FDA has approved and labeled allergy antigens to be used in the form of injections and sublingual tablets. Therefore the sublingual immunotherapy drops will be considered an off-label use of the antigen, which is both legal and very common (just as physicians prescribe blood pressure medication for a migraine).

By signing this form I consent to the sublingual allergy drops treatment. I understand that it is not an FDA approved form of allergy immunotherapy and that my insurance company will not cover the treatment. I understand that I am fully responsible for the total amount of charges due for this treatment. I understand the associated risks of receiving sublingual immunotherapy.

Common side effects of SLIT include: itching of mouth or tongue, swelling (angioedema) of mouth or tongue, sneezing, itching in the ears, throat irritation and soreness.

Less common side effects of SLIT include: itchy eyes, runny nose, throat tightness, cough, asthma, numbness or tingling in the mouth, blisters in the mouth, headache, indigestion, nausea, general hives, and fatigue.

Risk of serious reaction to treatment (anaphylaxis, or throat tightness, wheezing, hives, and low blood pressure) is extremely rare. There have been no reported deaths with sublingual immunotherapy. Treatment of allergic rhinitis with allergy drops is safer than allergy shots.

I have read and understand the above information.

Patient name (Please Print)

Date of Birth

Signature of Patient/ Legal Guardian

Date

Signature of MD

Date