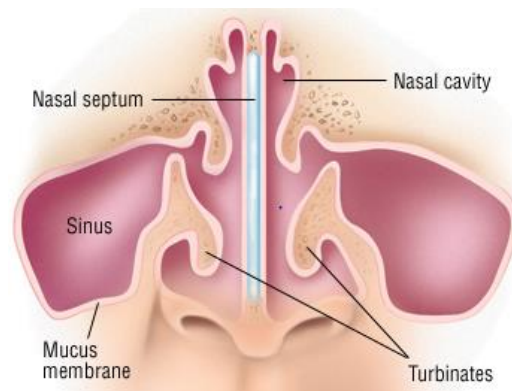


## Information on Septoplasty/Turbinoplasty Surgery

**Septum**: The septum is the cartilage in the nose that separates the nostrils. It sits in the midline and divides the nostrils evenly. Many people have a septum that is deviated to one side which makes one nasal passageway smaller than the other and causes nasal obstruction.

**Turbinates**: Turbinates are projections of soft tissue on the side walls inside the nasal cavity. There are three on each side and are called the superior, middle and inferior turbinates. Their 3 main functions are to warm the air we breathe, humidify this air as it passes through the nose, and create a mucus layer that assists in filtering particles such as pollen and dust.



**Septoplasty**: Is the surgical procedure to correct a deviated septum.

**Turbinoplasty**: Is the surgical procedure to reduce the turbinates in order to improve breathing and sinus drainage.